



University Hospitals Tees



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Adult social care and health select  
committee  
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# NTHFT Current role working alongside Stockton Reablement Service

- Home First principles
- Integrated Single point of Access
- Integrated Discharge team – top performing ED in England
- Community Integrated Assessment Team (CIAT)– working in collaboration with Reablement (30 Clients on average per month 80 contacts)
- Trusted assessments – 7 days
- Change to delivery – Autumn 2024
- Realignment of therapy & challenge over prescribing



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# Case study 1 – Support in the Community

- An urgent referral for received via NEAS Bleep into Community Integrated Assessment Team (CIAT).
- A gentleman fell when trying to walk to the toilet at home with no obvious injuries. He lives with his wife and was independent prior to the fall.
- CIAT arrived within 30 minutes. He was laid on the bathroom floor. A full body screening and clinical observations were taken. He presented with acute confusion. Staff used a slide sheet to move him to the corridor so he could be safely raised from the floor using a Raiser.
- Assessment identified that he required assistance of one with a wheeled zimmer frame for mobility and his wife was unable to provide support for personal care.
- Referred to Virtual Frailty Ward for further clinical assessments, treatment and observation
- Referred to Reablement Service for further support
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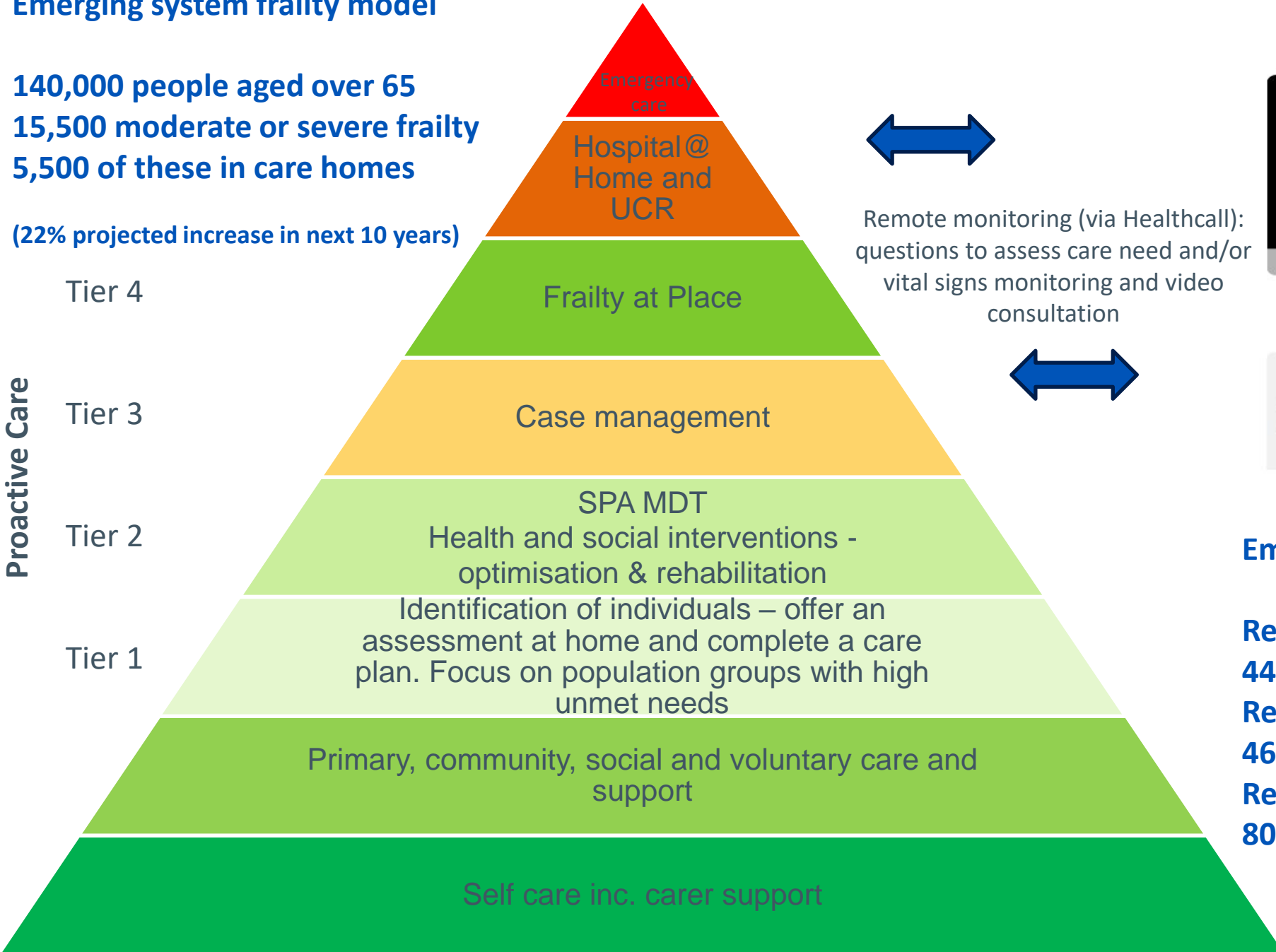
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# Emerging system frailty model

140,000 people aged over 65  
15,500 moderate or severe frailty  
5,500 of these in care homes

(22% projected increase in next 10 years)

Proactive Care



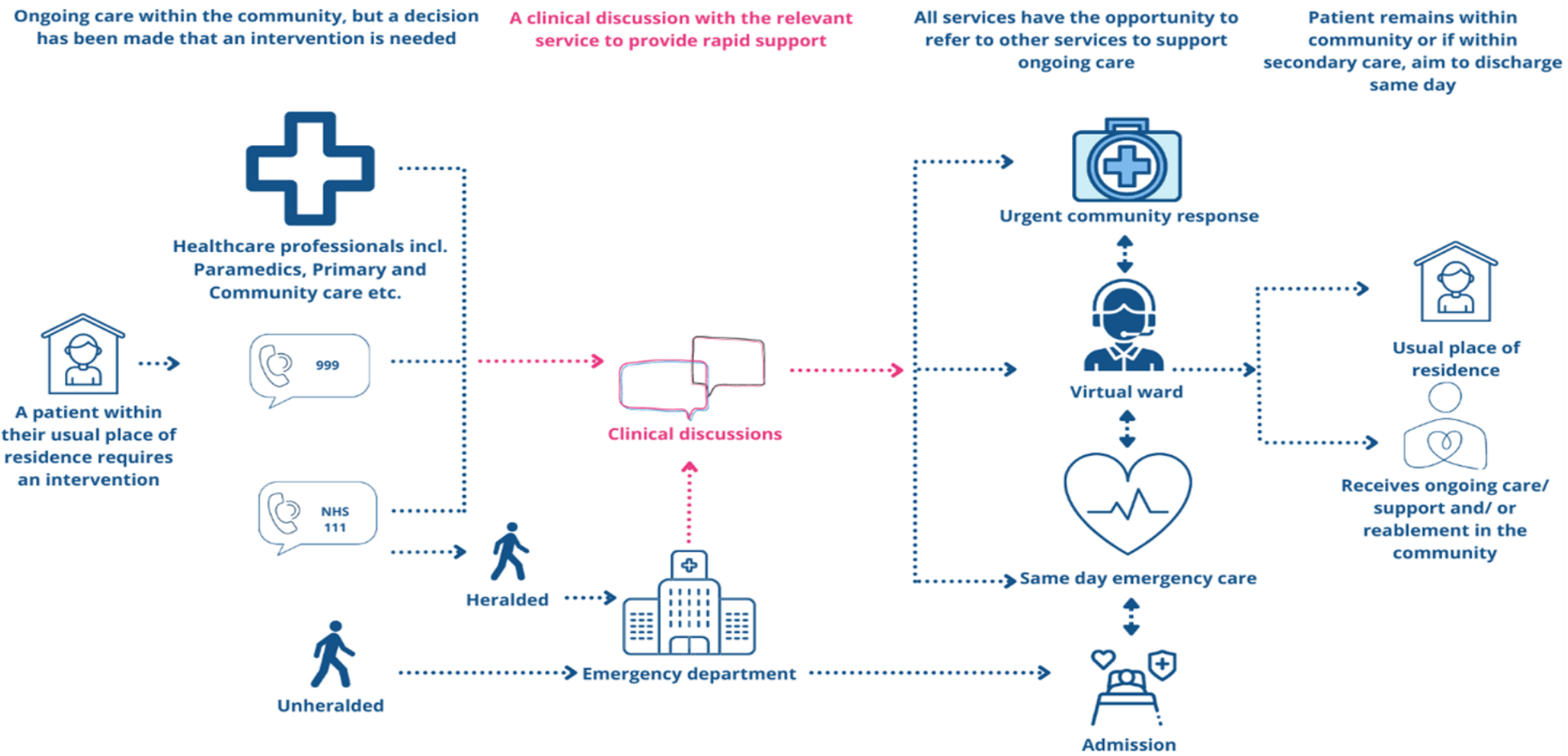
Remote monitoring (via Healthcall):  
questions to assess care need and/or  
vital signs monitoring and video  
consultation



## Emerging outputs

- Reduce admissions in >65 from 44,000/yr
- Reduce Care Home admissions from 4620/yr
- Reduce A&E attendances in >65 from 80,000/yr

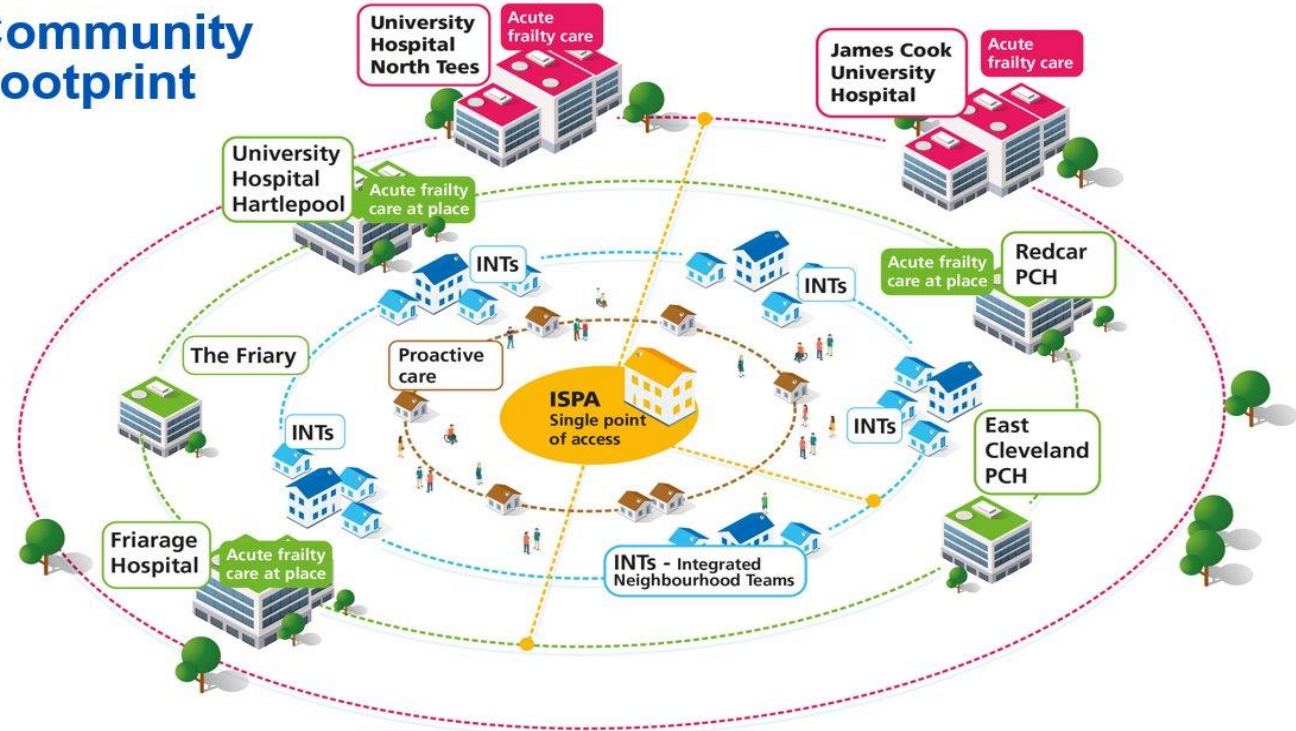
# NHSE Frailty strategy



# Future possibilities

- Hospital to Community
- Analogue to digital
- Prevention
  
- Integrated model
- 24/7 access
- Discharge to assess principles
- Complex case management
- Community OPTICA

## Community Footprint



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**Thank you**

