

Scrutiny Review Narrowing the Gap of Educational Attainment – Appreciative Inquiry Recommendations Action Plan

Recommendation Lead: Claire Tiffany

Recommendation Managing emotions

Strengthen environment and opportunities for pupils to manage emotions:

Engage with the Healthy Schools Programme and Healthy Settings Programme

Design and delivery of courses to meet pupil need and support parents, with specific reference to:

- *managing behaviour effectively.*
- *supporting mental health and wellbeing – especially to de-escalate heightened behaviour or to reduce stress levels.*
- *positive parenting skills.*

Strengthen the use of pupil voice to support development of school environments which better support them to manage their emotions.

Accountability: CYP Committee Meeting dates 12th February 2025, 14th January 2026

The following plan focuses on actions to be taken during the current academic year. It is anticipated that some of these actions will continue in 25-26 and that further actions may be identified/adapted, based on research.

This plan is linked to Priority one in the Council's plan: The best start in life to achieve big ambitions.

- **Giving children young people the best possible start, in an inclusive community where everyone can thrive**
- **Safe community for all children and young people**
- **Preventing children young people from the impact of poverty taking a targeted approach to reduce the number of children young people in poverty**
- **Support for children in our care**
- **A bright future and sense of belonging**

Research			
Proposed Actions / Progress	Success Measures	Responsibility	Date
1 Capture the services that support pupils across Stockton to support them in managing emotions, well-being and behaviour. To collect and analyse data on the use of services that support pupils and associated impact data	-Prepare map of provision and data on use of service across primary and secondary aged pupils -Ask stakeholders where there are any gaps	C Tiffany and members of the managing emotions group	Summer 25
2. Research evidence-based school strategies that support pupils to manage emotions, improve their well-being and display positive behaviours	-Identify what strategies schools across the Borough are using to support pupils to manage their emotions and improve well being	C Tiffany and members of the managing emotions group	Summer 25
	-Prepare a report on evidence-based school-based strategies currently being used with data on effectiveness.	C Tiffany	Autumn 25
	-Ask schools to determine where there are gaps in their skills, knowledge and/or understanding	C Tiffany and members of the managing emotions group	Summer 25
3. Capture pupil voice who have experienced services in 1 and 2 to identify what they found effective and what would enhance	-Prepare a student voice report on the services they found effective, any areas they feel could be improvements and any gaps. -Identify any barriers to accessing the right support in and out of school	C Tiffany and members of the managing emotions group	Summer 25

<p>4. Capture parent voice to identify what support they feel would be most beneficial to help them to support their children.</p>	<p>- Gather data to find out: What support is available? What have parents have accessed? What has been most helpful? What would be most helpful?</p>	<p>C Tiffany and members of the managing emotions group Stockton Parent Carer Forum</p>	<p>Summer 25</p>
Communication			
Proposed Actions / Progress	Success Measures	Responsibility	Date
<p>1. Liaise with Healthy Schools team to further develop recommendations for schools regarding supporting pupils to manage emotions, improve their well being and display positive behaviours</p>	<ul style="list-style-type: none"> - Review current advice and resources - Further develop advice resources as part of healthy schools curriculum and quality award 	<p>C Tiffany E Conner-McGill</p>	<p>August 2025</p>
<p>2. Develop pupil led communications to share with schools and other pupils to empower them to make any changes which will help to manage emotions and improve well being</p>	<ul style="list-style-type: none"> - Develop creative ways to share information - Share information across all schools 	<p>C Tiffany and members of the managing emotions group Pupils</p>	<p>September 25 onwards</p>
Events			
Proposed Actions / Progress	Success Measures	Responsibility	Date
<p>1. Further develop and deliver training packages to support staff and parents to support pupils to manage their emotions, improve their wellbeing and display positive behaviours</p>	<ul style="list-style-type: none"> -Current training to be reviewed - New training to be updated -New training offered 	<p>Healthy Schools team SEMH team AP team Virtual School SEND team School Support</p>	<p>August 25 To be delivered 2025-26 school year</p>

<p>2. Deliver focused activities / Share key information during key times of year to support pupils to manage their emotions. E.g. Exams/ mental health weeks/ Christmas/ New term etc</p>	<ul style="list-style-type: none">- Develop materials/resources to share- Share with all schools and settings- Include pupils voice	<p>C Tiffany and members of the managing emotions group</p> <p>Pupils</p>	<p>August 25</p> <p>To be delivered 2025-26 school year</p>
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