

**COUNCIL MEETING – 12 DECEMBER 2018**  
**ITEM 14 – MEMBER QUESTION TIME**

**The following question has been submitted by Councillor Julia Cherrett for response by the Deputy Leader of the Council and Cabinet Member for Adult Social Care & Health:-**

“The Stockton on Tees Health & Wellbeing Strategy 2012 – 2018 refers to “ensure a healthy standard of living for all”, “create and develop healthy and sustainable places and communities” and to “strengthen the role and impact of ill health prevention”. It further refers to “addressing ill health prevention” and “getting the infrastructure right”. NHS England has recently announced a Very Low Calorie Diet to be prescribed by GP’s – 800 calories a day in the hope of reversing Type 2 diabetes.

Whilst I was personally unable to attend the recent launch of the Stockton Sparkles event on 29th November I do believe that the event was very successful. However, I understand that the only food offer was “hog roast, posh hot dogs, loaded fries and American pancakes”.

Can the Cabinet member for Adult Social Care and Health please explain how this offer fits with healthy living and what efforts were made to ensure that there was a “healthy option” for those who might want it?”