Annual Review 2018/19











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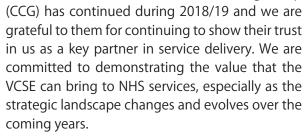
Guru Naidoo - Chair of the Board

Welcome to the Catalyst Annual Review for 2018/19. This year we continued to respond to growing expectations and demands from our members, stakeholders and external partners despite increasing pressure on resources and finances. Despite these pressures, however, we continue to enjoy our role in supporting and developing the vibrant Voluntary, Community and Social Enterprise sector (VCSE) in Stockton-on-Tees.

I am always impressed with the wide range of organisations that I meet during the course of a Catalyst year. The passion and commitment shown by small, volunteer led and run organisations that bind our communities together is highly impressive. These small groups often sit alongside the larger, often national, charities which run contracted services. At Catalyst we know that this strong mix of services creates a stronger, healthier community and that we must all work to ensure that a high quality and well-resourced VCSE remains at the heart of Stockton-on-Tees.

Catalyst remains a trusted partner of the public sector, especially Stockton-on-Tees Council. I know that other similar organisations look to the support and guidance we receive from our local authority with envy. I am, and always will be, incredibly grateful to their approach to financial planning which makes the management of our business so much easier to achieve. Our gratitude to them also includes their secondment of staff to take forward initiatives of mutual benefit and which we hope helps secure the VCSE's role in public policy and service development into the future.

The relationship with Hartlepool and Stockton-on-Tees Clinical Commissioning Group



I would like to thank the trustees of Catalyst for their ongoing support to me in helping shape our strategic future around the resources available. I would also like to thank the staff of Catalyst who strive with passion to continue to provide the best possible services to our sector. Finally, I would like to thank all of our funding partners, sponsors and the whole of the local VCSE for ensuring that we can continue to operate as an effective and efficient organisation that helps to better the lives of everyone who lives, works or visits the Borough of Stockton-on-Tees.

Steve Rose - Chief Executive

Welcome to our Annual Review of the year 2018-19.

In this review we reflect on another busy and successful year in being the infrastructure organisation for the voluntary, community and social enterprise sector in Stockton-on-Tees. This role gives us a unique appreciation of the energy, creativity and commitment of organisations both small and large that serve the people of our borough. All operating under the increasing pressure of public sector austerity and, of course, the uncertainties of Brexit.

I am pleased that our review demonstrates the range of work we have undertaken and the vibrancy that we feel about what we achieve. There is nothing better to us than see an organisation go from strength to strength having found a funding source at Catalyst. Or for a new organisation to form and develop having received support and training at Catalyst.

We are and always will be very grateful to our public sector partners and especially Stockton-on-Tees Borough Council. The landscape in which we operate is fertile and allows us to express ourselves for the benefit of the people served by our sector in the borough.

Thank you to everyone who helped make 2018-19 another enjoyable year especially the board and staff of Catalyst. I look forward to working with you into the future.





Our Year

"Catalyst are a huge part of Stockton-on-Tees' voluntary, community and social enterprise (VCSE) sector". - Cllr Robert Cook



Above is a snapshot display of Catalyst's year through 2018/19. The pictures are of the Catalyst Achievement Awards, Stockton South MP Paul Williams addressing the audience at our annual Conference, Stockton Volunteers market, workshops, events and Forums that we have organised.

Our Purpose

Our Mission

Putting the Voluntary, Community and Social Enterprise (VCSE) sector in Stockton-on-Tees first.

To support and develop a strong and thriving VCSE sector delivering high quality services to people, organisations and communities in the Borough of Stockton-on-Tees and Tees Valley

Our Vision

To be a best practice infrastructure organisation in a strong, healthy VCSE sector.

We have a vision of a coherent and single sector, working together in partnership with public bodies and private businesses as well as VCSE organisations to deliver services to the community in the Borough of Stockton-on-Tees and Tees Valley.

Our Values

- Leadership
- Partnership & collaboration
- Fair and inclusive
- Socially responsible
- Welcoming challenge

- Developmental
- Accountable
- Creative
- Determined & passionate
- Flexible



Our Delivery

We deliver a combination of services, training and information to achieve the following objectives: Examples of our delivery are found throughout the rest of this review.

Develop the Sector

Coordinate a range of meetings, Forums and bespoke training programmes that help improve communications between organisations and build upon and develop existing skills in the sector.

Support Organisations

Resources and expertise in; governance and the formation of new organisations; funding advice and innovative approaches to fundraising; and practical help with sector communications.

Be Influential to Develop Policy

Catalyst organises a complex network of sector focussed Forums. We are also involved with a wide range of regional and national strategic bodies to ensure that we provide the sector with a voice that is heard.

Innovative and Create New Services

The clue is in the name, Catalyst can be a catalyst for the development of pilot programmes that lead to new organisations and cross sectoral pieces of work.

Prove Impact of Work Undertaken

We evaluate every aspect of our work both internally and externally so we are able to demonstrate that the work we undertake adds value to the delivery of public services.

Map of Influence

Voice Forum (6)

Catalyst Council of Interest (4)

Senior Leaders Breakfast (>4)

Stockton-on-Tees Over 50's Forum (11)

Catalyst Annual Conference

Stockton Volunteering Partnership (4)

Catalyst Annual Awards

Roseworth Big Local Programme and Board (6)

Training and Development Programme

Disability Forum (4)

VCSE Safeguarding Forum (4)

VCSE Health & Wellbeing Forum (4)

Integrated Personal Commissioning Local
Steering Group & sub-groups (6) (Project Ended)

Stockton Borough Asylum Seeker and Refugee Forum (4)*

Asylum Seeker and Refugee Forum – Agenda Steering Group*

Multicultural Forum (4)

Green Spaces (3)*

Stockton Children & Young People's Partnership (6)

Stockton Business Forum (4)

Infinity Financial Inclusion Partnership (3)

Locality Forums – North, Central East & West (4x3)

Stockton Learning Disability and Partnership Board (6)

Stockton Sports Hub Meeting (4)

Stockton Health & Wellbeing Board (12)

Living With Beyond Cancer (12)

Stockton Mental Health Task & Finish Group (6)

Stockton Adults Health & Wellbeing Partnership (6)

Stockton Better Care Fund Development & Implementation Groups (12)

Stockton Future in Mind Steering Group (6)

PLUS Many Health & Social Care Groups linked to IPC, BCF, etc

Stockton Youth Offending Service Board (6)

Stockton-on-Tees Authority Hate Crime Group (4)

> Stockton Domestic Abuse Steering Group (6)

Safer Stockton Partnership (12)

Stockton Local Safeguarding Children Board (12) The Map of Influence represents regular meetings and Forums Catalyst attends and organises for the benefit of Catalyst members, this ensures that key information is disseminated to the wider sector. This does not include other meetings Catalyst attends on behalf of the sector, such as Peer reviews, Tees Valley City Games, NHS England consultations.

*These projects commenced after Apr 2019, (#) frequency of meetings.

Cleveland Police: Stockton Independent Advisory Group (4)

> Teeswide Safeguarding Adults Group (VCSE Rep) (6)

Tees Valley Dementia Collaborative (4)



LGBT Tees Valley Forum

Tees Valley ESIF Meetings and Events

Tees Valley Local Development
Agencies (12)

Tees Valley ESIF Committee (VCSE Rep) (6)

Tees Valley Village Halls Network (4)

Tees Valley VCSE Devolution
Working Group (>6)

Infrastructure support and Capacity Building

Children and Young People

BAME and Faith

Financial Inclusion and Poverty

Health and Wellbeing

Crime and Safeguarding

Environmental

North East Reference Meetings with Central Government (>6)

VONNE Board, Conference & AGM (12)

VONNE NE L DA Meetings (4)

VONNE NE Funders Forum (4)

NAVCA Strategic Conferences & events (>6)

NCVO events (2)

Integrated Personal Commissioning national working groups (12) (Project Ended)

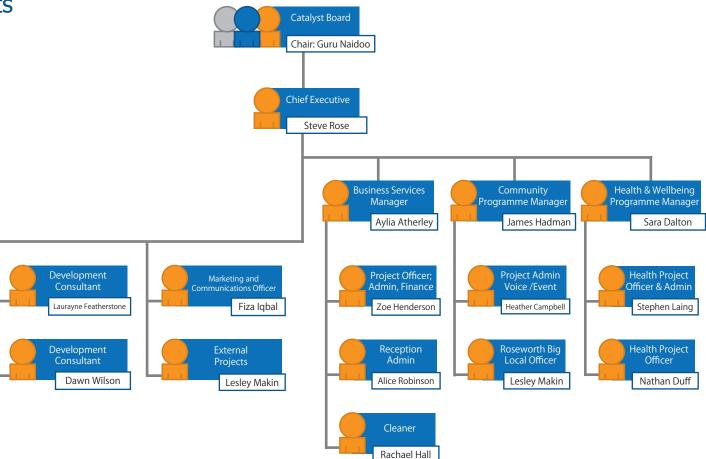
Better Health Programme Out of Hospital and stakeholders groups (12)

NEMP VCSE Group (ad hoc)

Catalyst Staff and Projects

Projects Managed Include:

- 0-19 Workforce Development
- Building Better Opportunities
- Community Health Ambassadors
- Fundraising & Governance Support
- Health Initiatives
- Integrated Personal Commissioning
- · Living With and Beyond Cancer
- · Roseworth Big Local
- Stockton Centre of Excellence
- Stockton Voice Programme
- · Stockton Volunteers.



"Our Group would like to take the opportunity to thank you, and all your wonderful staff at Catalyst, for all the help and ongoing support you give us. Catalyst goes from strength to strength, long may you continue in all the amazing work you do!"

- Madge Preston, Take Heart Support Group





Supporting the Sector

Core Support

Catalyst core operation is to provide support for all VCSE organisations in the Stockton Borough. In 2018/19 we met with 99 different organisations to provide 1 to 1 governance, funding and general advice. We organise Foums and relevant training for the VCSE sector.

Catalyst has attended over 300 meetings, this year, ensuring that the VCSE has a strong and influencial voice amongst strategic partners and external organisations.

Catalyst continues to act as the Locally Trusted Organisation for the Roseworth Ward Big Local, supported by the Local Trust funded through the Big Lottery Fund.





NATIONAL LOTTERY FUNDED

Funding Support

Catalyst continues to provide group and one-to-one funding advice. GrantFinder appointments support our members to find new sources of funding. These appointments also help members connect with other services and events in the sector.



68% more GrantFinder appointments in 2018/19

This year, we delivered 64 GrantFinder appointments, with successful bids awarded between £500 - £10k.

Governance & Sustainability

We provide governance support for organisations by giving them the guidance and help to develop and sustain a successful organisation.

Case Study - Norton Glebe Community Centre

A new management committee was elected at Norton Glebe Community Centre and at their AGM it was identified that due to their financial position they needed to apply for Charitable Status.

Catalyst guided the management committee through the various charitable legal structures that were available to them, and supported their transition to a Charitable Incorporated Organisation.

Case Study - Friends of Sixfields at Hartburn

Catalyst helped local volunteers establish an informal group with a keen interest in maintaining the Sixfields area of Hartburn. This group's requirement was different, as they were not interested in establishing formal governance or seeking funding to 'improve' the area. They simply wanted to raise local awareness of the site and ensure it was appreciated and maintained in its present form.

The group was advised as to how to raise their profile. They then organised talks on the history of the site, and invited a leading local botanist to come along and talk about features that made the site unique.

At Catalyst we recognise that not everyone who comes together for a common goal wants lots of formal governance. VCSE organisations come in all kinds of shapes and sizes.



"Catalyst is a true partnership that binds the Voluntary, Community and Social Enterprise sector together to create vital links."

- Ivan Wright, DWP - Stockton Families First





Stockton Volunteers

Stockton Volunteers is now firmly embedded into Catalyst's offer, with the Stockton Volunteers website promoting volunteering and providing a platform for organisations to advertise volunteering opportunities.



The Stockton Volunteer Partnership held two meetings during the year with over 30 organisations attending. The first focusing how the private sector could support organisations with Jacobs Engineering talking about potential partner opportunities with the sector. The second explored how volunteering can improve mental health where participants listened to a lived experience of someone whose mental health had improved through volunteering.

"Amazing day with amazing organisations. Gave the general public an insight into some of the great work that is being done."

- VCSE organisation attending

The second Stockton Volunteers Market, held in Stockton High Street, was as equally popular as last years and saw 52 volunteering-involved organisations come together during #VolunteersWeek to showcase the variety and diversity of volunteering opportunities to the general public.

Community Wellbeing

Hartlepool and Stockton on Tees Clinical Commissioning Group continue to recognise the value of the Voluntary, Community and Social Enterprise sector and the role it has to play in improving people's health and wellbeing. They have continued to support the sector by working with Catalyst to commission the Health Initiatives programme. 18 innovative projects across Stockton on Tees and Hartlepool have been funded, these projects aim to improve health and wellbeing and empowering people to make positive life changes.





"Community Health Ambassadors [project] provides an essential networking opportunity and links to what is happening in our community."

- Community Health Ambassador Volunteer

Catalyst have continued to support the training and delivery elements of the 0-19 Wellbeing Model adopted by SBC, Harrogate & District Foundation Trust and Family Action.

The Community Health Ambassadors programme has supported over 40 volunteers to engage more than 650 patients and over 50 organisations to ensure all communities have a voice. The project aims to ensure that patients are treated with the utmost respect, dignity and compassion when receiving healthcare.

NHS England has recognised the success of this programme in 2018 by awarding it a Community Grant, which was used to create a short film and accompanying artwork. The real-life examples used in the film have influenced similar pieces of work for the benefit of patients across the UK. The film was shared during National Patient Participation Week (W/C Mon 10th June) in an online campaign to encourage others to involve communities in improving healthcare.

The Living With & Beyond Cancer programme is funded until March 2019 to link cancer teams with VCSE services to improve the quality of life for cancer patients and their carers/families across the Tees Valley area. The programme has engaged with over 350 patients, 70 organisations and 150 professionals at information and networking events, GP coffee mornings and through multi agency training sessions. A range of accessible resources have also been produced.

The Integrated Personal Commissioning (IPC) programme is now in its 3rd year and continues to develop a multiagency approach to joining up health and social care under NHS England's Personalised Care agenda. The aim of IPC it to give patients more control over their health and care by asking 'what matters to them?'

Catalyst Achievement Awards

We hosted out 8th Catalyst Achievement Awards in the Grand Marquee at Wynyard Hall. Year on year the awards gain in popularity and this year we hosted almost 300 attendees. This is a special evening which recognises the hard work and determination of our thriving VCSE sector. There was entertainment from Velocity, who melted the heart of the audience with their fantastic performance.

The Moses Project won the Outstanding Achievement Award for their support and commitment to men struggling with addiction and homelessness. The team recieved a standing ovation for their dedication in helping hundreds of men gain a better life.

Catalyst Conference

The Catalyst Conference was again held at Ingleby Manor School. Over 130 guest attended, they networked, took part in workshops and attended lectures. There were 3 keynote speakers, Stockton South MP, Paul Williams, Nancy Doyle Hall, Executive Director at Virgin Money Foundation and Jane Bradshaw, Chief Executive at St Theresa's Hospice. The Catalyst conference provides the perfect opportunity for people to come together and find out what the local VCSE has to offer.

The Billingham Environmental Link Programme recieved the Queens Award at this years conference!



Our Communications

Catalyst's communications aim to create a cohesive network which promotes vital news and information about the VCSE sector. Our multi-level communication methods aid our holistic approach in ensuring that the VCSE is best served by Catalyst. One of our primary sources of communications is the Catalyst E-Bulletin. The e-bulletin is sent to over 1000 people, every week.

The e-bulletin is the virtual meeting place for the VCSE. Our readers find this to be an invaluable resource which keeps them up to date with the latest news in our local VCSE sector. Every week, an average 20+ articles are added. In a year, an average of 150+ funding opportunities and 100+ job vacanicies are added to the e-bulletin.

"I get at least one idea /relevant news / funding link each week. It's easy to read, and up to date."

- Suzanne Fletcher, Stockton Fairtrade Borough Partnership



The new Catalyst website was launched in July 2018. It continues to gain in audience engagement with an average of over 2500 users per month. Analytics show that almost 80% of users are new visitors to the website.

The primary aim of the website is to provide support and information to the local VCSE so that they are well informed about latest news and events in the sector, funding, jobs, Catalysts' core support, and other useful information.

We have now added Instagram to our social media presence and we already have 289 instagram followers. Our average Twitter impressions per month are 29,900 and we have increased out followers by 11% We are reaching over 350 people, on average, with our facebook posts and over 1000 people have liked our page. We actively use all three social media channels to reach a wider and more diverse audience.

Our Accounts



A full set of accounts can be accessed by contacting a member of Catalyst's staff. Accounts were approved at Catalyst's Annual General Meeting in September 2019.

Staff Members

Alice Robinson Laurayne Featherstone* Anna Jackson* Lesley Makin* Nathan Duff* Aylia Atherley Catherine Richardson Rachael Hall Dawn Wilson* Sara Dalton

David Ballantyne

Fiza Iqbal

Heather Campbell

James Hadman* Karen Grundy

Stephen Laing*

Steve Rose

Zoe Henderson

*These members of Staff have since left their positions at Catalyst.

Board Members

Chair: Guru Naidoo

Vice-Chair: Lesley Cooke

Treasurer: Claire Fawcett

Bill Williams

Chris Marshall

Ollie Mack

Cllr Steve Nelson

Paul Burgum - Appointed 10.09.18

Dr Helen Dudiak - Appointed 12.11.18

Board members as of the end of March 2019.

Special Thanks

Hartlepool and Stockton-on-Tees Clinical

Commissioning Group

Cleveland Police and Crime Commissioner

Stockton-on-Tees Borough Council

Catalyst Members

All of our event sponsors.

"We strive to be a VCSE infrastructure organisation of the highest standard. We recognise that we should only be judged by the quality of services delivered by others that support and change our communities in Stockton-on-Tees."











Catalyst_Stockton

(P) Catalyst House, 27 Yarm Road, Stockton-on-Tees, TS18 3NJ

Pictures on cover: Attendees at the Catalyst Conference 2018: Bridge Over Troubled Water





