

**STOCKTON-ON-TEES BOROUGH COUNCIL**

**CABINET RECOMMENDATIONS**

**PROFORMA**

Cabinet Meeting .....15th November 2018

1. Title of Item/Report

LGA Peer Review Physical Activity

2. Record of the Decision

Consideration was given to a report on the LGA Peer Review Physical Activity.

The Council had invited the LGA Peers to conduct a review of how it worked as a local authority and with partners to promote ease of access to, uptake of and the benefits of physical activity.

The benefits of physical activity reach beyond the immediate and had a clear impact on demand on care services. The Review was conducted over 3 days in September 2018, involving Councillors, staff and key partner organisations.

The report provided an outline of the Review process and the findings of the Peer Team. In response to the Review, the report advocated the production of a strategic action plan showing how the Council intended to continue to target physical activity programmes that supported improving health, preventing ill health and promoting wellbeing in-line with the Joint Health and Wellbeing Strategy and the Council Plan.

It was proposed that a strategic action plan be produced through a working group reporting through the Adults' Health and Wellbeing Partnership to the Health and Wellbeing Board. The plan would flow from the refreshed Joint Health and Wellbeing Strategy, ensuring a systems-approach across the life-course and across partner organisations; as such it would also fit with the Council Plan priorities.

The plan would be produced rooted in the relevant JSNA topics and therefore based on key intelligence, evidence and assessment of need. It was proposed the action plan would be produced through a process of engagement and co-production with communities and partners and a way of monitoring key outcomes would be developed alongside this.

RESOLVED that:-

1. The conclusion of the Peer Review process be noted.
2. The production of a Physical Activity Strategic Action Plan be supported as a means of maximising the effectiveness of support for physical activity.

3. Reasons for the Decision

The contribution of physical activity to improving health, preventing ill-health and promoting wellbeing is made possible by a wide range of partners within and beyond the Council. For the effectiveness of our support for work in this area to be maximised, endorsement of its significance and an understanding of the ways in which we are seeking to make a difference amongst a number of Services and partners is required. It is therefore important for Cabinet to understand the key issues and support the development of a further strategic action plan setting out our ongoing work.

The LGA Peer Review process is also an opportunity for the public sector to share good practice and in this regard it is appropriate for Cabinet to be made aware of the findings and recommendations arising from the Review process.

4. Alternative Options Considered and Rejected

None.

5. Declared (Cabinet Member) Conflicts of Interest

Councillor Steve Nelson declared a personal non prejudicial interest in respect of agenda item 8 - LGA Peer Review Physical Activity as he was a member of Catalyst and played walking football at Norton Sports Trust.

6. Details of any Dispensations

N/A

7. Date and Time by which Call In must be executed

Midnight, 23 November 2018

Proper Officer  
19 November 2018