

CABINET ITEM COVERING SHEET PROFORMA

AGENDA ITEM

REPORT TO CABINET

11 MARCH 2010

CABINET DECISION

Adults, Health & Social Care-Lead Cabinet Member-Councillor Mrs McCoy

EIT REVIEW OF ADULT OPERATIONAL SERVICES-CHILDREN, EDUCATION & SOCIAL CARE

1. Summary

The overall objectives/aims of the review were to identify options for future strategy, policy, and/or service provision that would deliver efficiency savings while sustaining or improving quality outcomes for Stockton Borough Clients and their Carers within the Adult Operational Services of CESC. As a gateway EIT review a report was presented to the Arts Leisure and Culture Select Committee on 17 February 2010. The Committee have specifically requested to see the results of any consultation carried out ahead of their return to Cabinet. The Committee's comments are attached as **Appendix 1**

2. Recommendations

Day Care Services

1. Re-provide services currently delivered at Alma Centre, to the Halcyon Centre in line with the authorisation by Cabinet for the sale of the Alma site on 5 November 2009.
2. That Cabinet authorise Officers to enter consultation with clients and staff of Parkside Day Centre regarding the development of services for the future

STEPs at Tithebarn Service

3. That Cabinet authorise Officers to enter consultation regarding the direction of travel of services provided to current clients in order to address more appropriately each client's assessed needs.

Blenheim House

4. That Cabinet authorise Officers to enter consultation regarding the most appropriate future services for current long term clients.
5. That Cabinet authorise Officers to review the provision of services for adults with physical disabilities who require medium term or respite care services

Rosedale

6. That Cabinet authorise Officers to continue to develop Rosedale as an integrated Intermediate Care Centre. (Enablement)
7. That Cabinet authorise Commissioners to explore the concept of increased financial support from Health in order to provide alternative services under the Momentum strategy.

In-House Home Care Service:

8. That Cabinet authorise Officers to undertake development of the service to an enabling model with specialist In House Home Care support for specific client groups.
9. That Cabinet authorise Officers to consider and review, on an individual basis, the most appropriate delivery of Home Care for existing clients whose requirements do not meet the criteria of the new service provision.

3. Reasons for the Recommendations

The Committee's first as part of the three year programme of efficiency and improvement reviews across all the Council's activities is in response to the slow down in the national economy and the impact this will have on the borough's Medium Term Financial Plan, coupled with increased expectations and demand for services. The EIT programme's aim is to maintain high performance, continue to improve satisfaction and enable further improvement across the borough.

4. Members' Interests

Members (including co-opted Members with voting rights) should consider whether they have a personal interest in the item as defined in the Council's code of conduct (**paragraph 8**) and, if so, declare the existence and nature of that interest in accordance with paragraph 9 of the code.

Where a Member regards him/herself as having a personal interest in the item, he/she must then consider whether that interest is one which a member of the public, with knowledge of the relevant facts, would reasonably regard as so significant that it is likely to prejudice the Member's judgement of the public interest (**paragraphs 10 and 11 of the code of conduct**).

A Member with a prejudicial interest in any matter must withdraw from the room where the meeting considering the business is being held -

- in a case where the Member is attending a meeting (including a meeting of a select committee) but only for the purpose of making representations, answering questions or giving evidence, provided the public are also allowed to attend the meeting for the same purpose whether under statutory right or otherwise, immediately after making representations, answering questions or giving evidence as the case may be;
- in any other case, whenever it becomes apparent that the business is being considered at the meeting;

and must not exercise executive functions in relation to the matter and not seek improperly to influence the decision about the matter (**paragraph 12 of the Code**).

Further to the above, it should be noted that any Member attending a meeting of Cabinet, Select Committee etc; whether or not they are a Member of the Cabinet or Select Committee concerned, must declare any personal interest which they have in

the business being considered at the meeting (unless the interest arises solely from the Member's membership of, or position of control or management on any other body to which the Member was appointed or nominated by the Council, or on any other body exercising functions of a public nature, when the interest only needs to be declared if and when the Member speaks on the matter), and if their interest is prejudicial, they must also leave the meeting room, subject to and in accordance with the provisions referred to above.

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RECOMMENDATIONS

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DETAIL

DAY CARE SERVICES

1. Stockton Borough Council supports day care services for older people on three separate sites: Alma Centre in Stockton, Halcyon Centre at Thornaby and Parkside at Billingham, A specific Day Care Service for older people with mental health needs is also provided from the Kitwood Unit within the Alma Centre facility.
2. The Day Care Services discussed in this report provide social, therapeutic and some personal care to over 250 clients. Attendance at one or more of the centres is determined following an assessment of need identifying this mode of service delivery as appropriate for the client or to provide carers with a respite from their caring role. Although the Council has a statutory duty to provide services to address assessed needs, provision of those services does not have to be by the Council.

3. The 2009/10 allocated budget for each Day Care Centre is as follows:

Alma Centre provides up to 70 places per day through a combination of main stream and specialist care and has a budget allocation of £354,481

Halcyon Centre provides up to 20 places per day and has a budget allocation of £158,689 (This is inclusive of £9,291 from the Day Service Review and was identified to pay for some of the kitchen equipment necessary to develop a working facility)

Parkside Centre provides up to 30 places per day and has a budget allocation of £142,318

STEPs at Tithebarn is able to provide up to 25 places per day and has a budget allocation of £126,579

4. All budgets exclude capital charges and support service costs
5. Client contributions for the services are dependent on an individual financial assessment. A hot meal and snacks are available to all clients for an additional sum of £3 per day apart from at STEPs where clients are able to bring a packed lunch or prepare a simple snack in the kitchen attached to the centre.
6. The analysis by TRIBAL/CIPFA in 2009 stated:

Stockton-on-Tees still relies more on internal provision of Day Care than the National average (86% versus 70%), 23% more expensive than internally provided provision in the Nearest Neighbour authorities; nonetheless, the authority's average spend on internal provision of Day Care is still 28% cheaper than the National average.

7. Day Care Services have not been undertaken by independent providers extensively although some provision is available to tenants of Extra Care facilities as part of their

overall tenancy agreement. However there have not been any requests to the independent sector for expressions of interest in providing an alternative to the In-House provision so comparisons are difficult to quantify. Day Care Services do not come under the Care Quality Commission regulations therefore quality monitoring is through client/carer surveys and Commissioner led Quality Outcomes Framework. The current Day Care Services are judged to be performing excellently.

8. Alma Centre and Halcyon Centre are both spacious, well appointed buildings with ample room for a wide range of activities to be carried out simultaneously. Parkside is less well appointed and is constrained by inadequate activity lounges and communal spaces. The linking corridor is very narrow and makes passing, even for those with good mobility, difficult. Introduction of a wide range of activities at Parkside is difficult due to these spatial limitations.
9. Transport by the Community Transport Service is an important component of Day Care Services and this review recognises and acknowledges the potential impact of the corresponding Transport E.I.T. review, the FACS E.I.T. review and the roll out of self directed support through personalised budgets.
10. The E.I.T. Review of Day Care Services gained impetus through the proposal of an integrated health facility on the Alma Street site. Since its conception this proposal has been progressed as an integral part of the overall review. Work is currently underway to re-provide Alma Centre services at the alternative Halcyon Centre site at Thornaby. The upgrade of the Halcyon Centre to accommodate both services, and potentially Parkside Day Centre in the future, is dependent on funding from the land sale of the Alma site.
11. The STEPs at Tithebarn service was initially part of the overall Day Care Service review and as such, details of the service were contained in the baseline report for Day Care Services. As the review progressed it became apparent that this service did not fit comfortably with other aspects of the Adult Operational Day Care Service Review so it has been addressed individually.
12. The service is under utilised and has not reached its potential since it began in 2004 following the review of Day Care Services. The first clients to attend the service formerly attended Alma Centre. These clients were identified as being receptive, and able, to undertake skills development to access further education or employment.

CARE HOME SERVICES

13. Stockton Borough Council supports In-House Care Home services on two separate sites: Blenheim House at Thornaby and Rosedale at Bishopsgarth.
14. The Care Home services discussed in this report provide 24 hour care, respite for carers and short term care. Placement at one of these Homes will have been determined following an assessment of need identifying this mode of service delivery as appropriate for the client, or to provide carers with respite from their caring role. Although the Council has a statutory duty to provide services to address assessed needs, provision of those services does not have to be by the Council.
15. The decision not to accept long term placements at Blenheim was taken in 1996 when it was recognised that institutionalised care was not appropriate for adults with physical disabilities and that alternative community based services were being developed in extra care schemes and adapted properties. Blenheim does however continue to provide short term and respite care to clients from Stockton, Middlesbrough and Redcar/Cleveland.
16. In the case of Rosedale, the strategy of providing re-enablement services rather than long term care began in 2002 when the rehabilitation service moved there. The success of the

Home and the staff in providing this type of support led naturally to services of a similar nature and predominantly short term intervention.

17. The 2009/10 allocated budget for each Care Home is as follows:

Blenheim House currently provides care for 15 long term residents and up to 14 respite/short-term clients and has a net budget allocation of £330,985 This budget carries an expectation of achieving £273,730 income from out of Borough placements.

Rosedale provides care to 6 long term residents, and up to 6 respite clients. This facility also provides up to 10 intermediate care rehabilitation beds, and a further 22 assessment/discharge support beds. The total budget for Rosedale is £920,341 for the Care Home and £59,140 for the Rehabilitation Unit. The budget for the Rehabilitation Unit has annualised contributions from the PCT of £226,755

18. Client contributions for the services are dependent on an individual financial assessment.

19. The analysis by TRIBAL/CIPFA in 2009 stated:

76% of all Stockton-on-Tees's Adult Social Care Provision is in Residential Care Home placements, 7% more than nearest Neighbours and 7% more than the National average. The proportion has risen from 72% in 2006/7.

(Most of this provision is through commissioned independent providers)

20. Care Home services have been undertaken extensively by independent providers in Stockton-on-Tees. Commissioners have robust contractual arrangements in place which represent value for money. As registered services they are all regularly inspected by the Care Quality Commission (CQC) and are subject to the regulations laid down in the minimum standards for service delivery.

21. Transport by the Community Transport Service is a component of service provision at Blenheim House as clients are reliant of the adapted buses to take them on holiday and for outings. This review recognises and acknowledges the potential impact of the corresponding Transport E.I.T. review, the FACS E.I.T. review and the roll out of self directed support through personalised budgets.

22. The E.I.T. Review of In-House Care Home services is influenced by the reducing In-House long term resident population and the potential impact of funding sources being reduced or withdrawn by Unitary Authorities currently purchasing care from Stockton-on-Tees at Blenheim House. There are no plans to accept further long term residents at either Care Home.

HOME CARE SERVICES

23. Stockton Borough Council supports an In-House Home Care service. The service discussed in this report provides personal, social and therapeutic care to clients in the community. Provision of services will have been determined following an assessment of need identifying this mode of service delivery as appropriate for the client, or to provide carers with support in their caring role. Although the Council has a statutory duty to provide services to address assessed needs, provision of those services does not have to be by the Council.

24. The 2009/10 allocated budget for this service was £1,383,072

25. All budgets exclude capital charges and support service costs.

26. As at 23 February 2010 there were 37 clients accessing the service. These clients are all in receipt of 10 or more hours of provision each week. Client contributions for the services are dependent on an individual financial assessment.

27. The analysis by TRIBAL/CIPFA in 2009 stated:

Stockton-on-Tees has decreased its In-House provision of home care twice as fast as the National average. However, since 2006 the reduction in the number of care staff and clients has been entirely through natural events.

Home Care services are delivered extensively by independent preferred providers. The care packages they provide are intensive and comparable to the In-House service. Commissioners have robust contractual arrangements in place which represent value for money. As registered services they are all regularly inspected by the Care Quality Commission (CQC) and are subject to the regulations laid down in the minimum standards for service delivery.

The In-House service is currently assessed as delivering 2 star good services.

28. This review recognises and acknowledges the potential impact of the corresponding FACS E.I.T. review and the roll out of self directed support through personalised budgets.

29. The E.I.T. Review of In-House Home Care services is influenced by the reducing client population and recognition that as a high cost provision it must deliver a high impact service to justify its position. There are no plans to accept new referrals to this service during the EIT review.

FINANCIAL IMPLICATIONS

30. The financial implications of these proposals are to be determined.

LEGAL IMPLICATIONS

31. Subject to decision, legal advice will be sought

RISK ASSESSMENT

32. This report is categorised as medium risk. Existing management systems are sufficient to control and reduce risk.

SUSTAINABLE COMMUNITY STRATEGY IMPLICATIONS

33. Older Adults – Borough's older people grow older with dignity and maintain a high quality and independent lifestyle.

34. Health & Wellbeing - A healthier Borough where all residents are able to take control of their own physical and mental health and wellbeing, though living healthy and active lifestyles and having easy access to high quality health services when ill health does occur.

EQUALITIES IMPACT ASSESSMENT

35. The recommendations have not been subjected to an Equality Impact Assessment because the recommendations at this stage have been assessed as having no negative impact in relation to age or disability. A separate EIA will be undertaken for each strand of the EIT review as appropriate.

CONSULTATION INCLUDING WARD/COUNCILLORS

36. Consultation in respect of Alma Centre Services being re-provided at the Halcyon site has been extensive and was reported to Cabinet on 27 July 2009
37. All employee groups from the services identified in this report have attended briefing sessions from a member of the EIT project group and presentation by Head of Service.
38. Consultation has been undertaken with staff and unions over the 3 strands of the EIT review.

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Background Papers

Report to Cabinet regarding Re-provision of Alma Centre Services to Halcyon site 27 July 2009

Report to Arts Leisure and Culture Select Committee Baseline Reports 15 July 2009

Report to Arts Leisure and Culture Select Committee Gateway Review 17 February 2009

Comments by the Select Committee are in **Appendix 1**

Ward(s) and Ward Councillors:

Not ward specific

Property :

Recommended closure of Alma street Day Centre.